

The goal of this class is for you to learn my piecing method by making one of the "Storm at Sea" variations pictured on the next page. This technique does not use templates or paper foundation piecing. Instead, my TRIMplate ${ }^{\oplus}$ rulers are used to accurately trim oversize pieces after sewing.

Here are the 2 rulers we will be using:
8-6-4 Diamond and 6" SIS TRIMplate.
I will supply these for each student to use during the workshop. No purchase is required. They will be available for sale if you are interested. The set of 2 is $\$ 45$.



TRIMplate rulers

## Preparation before class:

1. Refer to the next page and decide which quilt you wish to make. They both use the same three blocks: Diamond, Big SIS and Little SIS. ("SIS" stands for "Squares in Squares"). Blocks are illustrated at right. The Snail's Trail block is simply a variation of the Big SIS block.
2. Choose your fabrics, then cut and label pieces as shown in the appropriate chart. Notice that the $E$ and $3^{\prime \prime}$ Block columns are highlighted in yellow. These are the only pieces that need to be cut accurately! All the rest will be trimmed after sewing, so you can stack and cut them quickly, including cutting the $T$ squares in half of the diagonal to make triangles.
ORGANIZING: I like to organize my cut pieces on sturdy paper plates. Label the plates " $D$ ", " $E$ ", " 71 ", etc. The plates stack easily and can be slipped into a large zip-lock bag for transport to class.


Diamond


Big SIS


Big SIS variation for Snail's Trail label them Light, Medium, Dark, etc. Tape the card to the front of your sewing machine; it will help both you and the instructor.


## Checklist - What to bring to class:

Fabric pieces you have cut plus all leftover/extra fabric, and your swatch card
$\square$ Rotary cutter ( 45 mm recommended) with a new blade
Cutting mat at least 8 " square
Your favorite rulers for cutting squares and rectangles from strips
$\square$ Sewing machine with a new 80/12 needle. (I prefer Topstitch needles for piecing). Don't forget your foot pedal and cord!
Quarter-inch foot for your machine. Bring the foot you are used to using. If you have a choice, do NOT use the kind with a flange or edge guide. Even better than a quarter-inch foot is the ability to move your needle position to get a scant quarter-inch seam. Using tape or markings on the bed of the machine does NOT work well for this class.

Need more help?
If you have read this supply list and still have questions, please email me for assistance: wjmathson@gmail.comGood quality neutral color piecing thread and a filled bobbin
Basic supplies such as thread snips, fabric scissors, fine pins, seam ripper, snacks
Optional:
$\square$ Book: A New Light on Storm at Sea Quilts by Wendy Mathson; C\&T Publishing
Turn-table cutting mat
$\square$ Extension table for your machine - optional, but highly recommended

Only the " T " squares get cut in half on the diagonal, as indicated by $\square$ in the charts. For example, in the top chart for T 2 pieces, cut 8 squares, $31 / 2$ " from Light fabric, then cut in half once on the diagonal.

The columns highlighted in yellow indicate that you should cut these pieces accurately. NONE of the other pieces need to be exact, so you can stack and cut them quickly.

Don't forget to bring all of your leftover and extra fabric to class!


Traditional Storm at Sea
Quilt finishes 21", before inner and outer borders.


## Snail's Trail Variation

Quilt finishes 21" before borders.

| Cut pieces this size $\longrightarrow$ <br> Subcut where indicated <br> Label your pieces | Diamond Block |  | SIS Blocks |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $21 / 2^{\prime \prime} \times 5^{\prime \prime}$ | $31 / 2^{\prime \prime} \times 63 / 4^{\prime \prime}$ $\square$ | $31 / 2^{\prime \prime}$ | $\begin{gathered} 41 / 4^{\prime \prime} \\ \square \end{gathered}$ | $\begin{gathered} 31 / 2^{\prime \prime} \\ \square \end{gathered}$ | $\begin{gathered} 23 / 4^{\prime \prime} \\ \square \end{gathered}$ | Wait to cut in class $\square$ |
|  | D \& Dr | *E | 3" Block | T1 | T2 | T3 | Inner Square |
| Light Scraps or $3 / 4 \mathrm{yd}$ of one fabric | 24 |  |  |  | 8 | 18 |  |
| Dark Scraps |  | *12 | * 4 | 8 |  |  | 9 |



Choosing Fabrics
This traditional Storm at Sea is easy to design. Just choose a variety of Dark and Light fabrics. (You could use just one fabric for the Light Background, but a single fabric for the Dark is pretty boring in my opinion.) For best effect, choose dark, small-scale, low-volume fabrics that contrast well with the Light Background.



Choosing Fabrics
Use small-scale, low-volume fabrics that are non-directional. There should be high contrast between your Dark and Light.
Be sure your Accent fabric does not blend into the Dark - you should see some contrast in value, brightness, and/or color. Notice that in my sample, the Dark, Light and Medium are all cool colors, and the Accent is warm.

